



September 2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<h3>Special News...</h3> <p>DID YOU KNOW?</p> <p>School lunch is only \$2.65 for a meal, \$0.40 for Reduced.</p> <p>A meal should include 3-5 components out of the following list: Fruits, Vegetables, Grains, Meat/Meat Alternate, and Milk.</p> <p>One component must always be a fruit/vegetable!</p> <p>We are Hiring for the 2019-2020 school year!!</p> <p>Contact Kim Young at kimberly@aramark.com or young@aramark.com</p> <p>815-436-6270 for more information.</p> <p>Breakfast is only \$1.60. Reduced .30 cents</p> <p>Lunch is only \$2.65. Reduced .40 cents</p> <p>Menus are subject to change without notice.</p>
2 	3 Orange Chicken w/ Rice Loaded Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	4 Loaded Fries BBQ Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	5 Twister Burger Sausage Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	6 Nacho Wedges Meat Lovers Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	
9 Beef Ravioli Meat Lovers Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	10 Waffle Nachos Sausage Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	11 Bacon Cheese Burger Loaded Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	12  Spicy Chicken and Tots Jalapeno and Pepperoni Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	13 Chicken Bacon Melt Meat Lovers Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	
16 	17 Popcorn Chicken Bowl Buffalo Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	18 Chicken Tacos Meat Lovers Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	19 Meatball Sub Load Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	20 Waffle Nachos Sausage Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	
23 Mozzarella Sticks Loaded Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	24 Pretzel w/ Cheese Sauce Buffalo Chicken Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	25 Twister Burger Meat Lovers Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	26 Chicken and Waffles Sausage Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	27 Mini Corndogs Cheeseburger Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	
30 Chicken Bacon Melt Sausage Pizza Grab-N-Go Sandwiches and Salad Fruit Parfaits Asst. Fruits & Veggies Chocolate & White Milk	Daily Items Served... <p>Hot Options: Cheese and Pepperoni Pizza, Breaded and Grilled Chicken Sandwiches, Hamburgers & Cheeseburgers, Bosco Sticks, and Chicken Nuggets.</p> <p>Cold Options: Assorted Salad, Sun Butter & Jelly Sandwich, Turkey & Cheese Sandwiches, and Fruit Parfaits</p> <p>Condiments Offered Daily</p>				



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