



# September 2019

## Academy Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	No School Labor Day!	<b>3</b>	Coco Puff Bar Scooby Doo Grahams Fruit & Milk	<b>4</b>	Jurassic Grahams Poptart Fruit & Milk	<b>5</b>	Nutri Grain Bar Scooby Doo Grahams Fruit & Milk	<b>6</b>	Chocolate Muffin Bear Grahams Fruit & Milk
<b>9</b>	Banana Muffin Elf Grahams Fruit & Milk	<b>10</b>	Coco Puff Bar Scooby Doo Grahams Fruit & Milk	<b>11</b>	Jurassic Grahams Poptart Fruit & Milk	<b>12</b>	Nutri Grain Bar Scooby Doo Grahams Fruit & Milk	<b>13</b>	Chocolate Muffin Bear Grahams Fruit & Milk
<b>16</b>	Banana Muffin Elf Grahams Fruit & Milk	<b>17</b>	Coco Puff Bar Scooby Doo Grahams Fruit & Milk	<b>18</b>	Jurassic Grahams Poptart Fruit & Milk	<b>19</b>	Nutri Grain Bar Scooby Doo Grahams Fruit & Milk	<b>20</b>	Chocolate Muffin Bear Grahams Fruit & Milk
<b>23</b>	Banana Muffin Elf Grahams Fruit & Milk	<b>24</b>	Coco Puff Bar Scooby Doo Grahams Fruit & Milk	<b>25</b>	Jurassic Grahams Poptart Fruit & Milk	<b>26</b>	Nutri Grain Bar Scooby Doo Grahams Fruit & Milk	<b>27</b>	Chocolate Muffin Bear Grahams Fruit & Milk
<b>30</b>	Banana Muffin Elf Grahams Fruit & Milk								

### Special News...

Breakfast is the most important meal of the day! Get your body ready for the day. Feel full and focused!

If you already ate, save your pouch for a snack pack later.

If you currently received FREE or REDUCED (\$0.40) lunch you also are able to get a FREE or REDUCED Breakfast

Menus are subject to change without notice.

