



November 2018

Academy Lunch Menu

MONDAY

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

November



<p>5</p> 	<p>6</p> 	<p>7 BBQ Rib Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>1 Chicken Patty Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>2 Corn Dog</p> <p>Fruits and Vegetables Assorted Milk</p>
<p>12 Spicy Chicken Patty Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>13</p>  <p>Corn Dog</p> <p>Fruits and Vegetables Assorted Milk FREE Rice Krispie Treat</p>	<p>14 Chicken Nuggets</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>8 Chicken Patty Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>9 Cheeseburger</p> <p>Fruits and Vegetables Assorted Milk</p>
<p>19 Spicy Chicken Patty Sandwich</p> <p>Fruits and Vegetables Choc & White Milk</p>	<p>20 Cheeseburger</p> <p>Fruits and Vegetables Assorted Milk Free Cookie</p>	<p>15 Bacon Cheeseburger</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>16 Chicken Patty Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>23</p>
<p>26 Chicken Patty Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>27 BBQ Rib Sandwich</p> <p>Fruits and Vegetables Assorted Milk Choc & White Milk</p>	<p>21</p> <p>22</p> <p>28 Cheeseburger</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>29 Chicken Bacon Melt</p> <p>Fruits and Vegetables Assorted Milk</p>	<p>30 Spicy Chicken Sandwich</p> <p>Fruits and Vegetables Assorted Milk</p>



Special News...
More Info...

Parents: Don't forget, all of our options are whole grain, lower sodium, sugar & fat, but still delicious! School lunch helps keep you full and focused!

Menus are subject to change without notice.

Special News...

DID YOU KNOW?

School lunch is only \$2.60 for a meal, \$0.40 for Reduced. A meal should include 3-5 components out of the following list: Fruits, Vegetables, Grains, Meat/Meat Alternate, and Milk. One component must always be a fruit/vegetable!

