



November 2018

Academy Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p>More Info...</p> <p>Breakfast is the most important meal of the day! Get your body ready for the day. Feel full and focused! If you already ate, save your pouch for a snack pack later.</p> <p>Menus are subject to change without notice.</p>
			<p>1 Nutri Grain Bar Scooby Doo Grahams Fruit & Milk</p>	<p>2 Chocolate Muffin Bear Grahams Fruit & Milk</p>	
<p>5 Banana Muffin Elf Grahams Fruit & Milk</p>	<p>6 CocoPuff Bar Scooby Doo Grahams Fruit & Milk</p>	<p>7 Bear Grahams Poptart Fruit & Milk</p>	<p>8 Nutri Grain Bar Scooby Doo Grahams Fruit & Milk</p>	<p>9 Chocolate Muffin Bear Grahams Fruit & Milk</p>	
<p>12 Banana Muffin Elf Grahams Fruit & Milk</p>	<p>13 CocoPuff Bar Scooby Doo Grahams Fruit & Milk</p>	<p>14 Bear Grahams Poptart Fruit & Milk</p>	<p>15 Nutri Grain Bar Scooby Doo Grahams Fruit & Milk</p>	<p>16 Chocolate Muffin Bear Grahams Fruit & Milk</p>	
<p>19 Banana Muffin Elf Grahams Fruit & Milk</p>	<p>20 CocoPuff Bar Scooby Doo Grahams Fruit & Milk</p>				
<p>26 Banana Muffin Elf Grahams Fruit & Milk</p>	<p>27 CocoPuff Bar Scooby Doo Grahams Fruit & Milk</p>	<p>28 Bear Grahams Poptart Fruit & Milk</p>	<p>29 Nutri Grain Bar Scooby Doo Grahams Fruit & Milk</p>	<p>30 Chocolate Muffin Bear Grahams Fruit & Milk</p>	

Special News...

If you currently received FREE or REDUCED (\$0.40) lunch you also are able to get a FREE

