



Plainfield Elementary Breakfast Menu

November 2018

Need the nutrition information for our menu items?

- Visit psd202.schoolidish.com and click on Menus & Nutrition.
- On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

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7

Mini French Toast Bites
Chocolate Elf Grahams w/
Flavored Poptart

Fruits and 100% Juice
Chocolate & White Milk

8

Mini Warm Cinnamon Rolls
Scooby Doo Grahams w/ a
Nutri Grain Bar or a
Cheese Stick

Fruits and 100% Juice
Chocolate & White Milk

9

Mini French Toast Bites
Banana Muffin w/
Cinnamon Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

12

Mini Warm Cinnamon Rolls
Chocolate Muffin w/ Chez-Its

Fruits and 100% Juice
Chocolate & White Milk

13

Mini Maple Pancakes
Scooby Doo Grahams w/
Cocoa Puff Cereal Bar or
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

14

Mini French Toast Bites
Chocolate Elf Grahams w/
Flavored Poptart

Fruits and 100% Juice
Chocolate & White Milk

15

Mini Warm Cinnamon Rolls
Scooby Doo Grahams w/ a
Nutri Grain Bar or a
Cheese Stick

Fruits and 100% Juice
Chocolate & White Milk

16

Mini French Toast Bites
Banana Muffin w/
Cinnamon Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

19

Mini Warm Cinnamon Rolls
Chocolate Muffin w/ Chez-Its

Fruits and 100% Juice
Chocolate & White Milk

20

Mini Maple Pancakes
Scooby Doo Grahams w/
Cocoa Puff Cereal Bar or
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

21



22

23

26

Mini Warm Cinnamon Rolls
Chocolate Muffin w/ Chez-Its

Fruits and 100% Juice
Chocolate & White Milk

27

Mini Maple Pancakes
Scooby Doo Grahams w/
Cocoa Puff Cereal Bar or
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

28

Mini French Toast Bites
Chocolate Elf Grahams w/
Flavored Poptart

Fruits and 100% Juice
Chocolate & White Milk

29

Mini Warm Cinnamon Rolls
Scooby Doo Grahams w/ a
Nutri Grain Bar or a
Cheese Stick

Fruits and 100% Juice
Chocolate & White Milk

30

Mini French Toast Bites
Banana Muffin w/
Cinnamon Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

How to Build a Breakfast:

Daily Hot Entrée + 1 Fruit or Juice + Milk

Pick up 2 Grains + 1 Fruit or Juice + Milk

DID YOU KNOW?... Breakfast is only \$1.55
If you currently received FREE or REDUCED (\$0.40)
lunch you also are automatically eligible to get a
FREE or REDUCED (\$0.30) breakfast.

Menus are subject to change without notice