

# High School Breakfast Menu

January 2019



Need the nutrition information for our menu items?

→ Visit [psd202.schooldish.com](http://psd202.schooldish.com) and click on Menus & Nutrition.

→ On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

7

Egg, **Bacon** & Cheese Biscuit  
Cinnamon Sugar Donut Holes

Cereals/Breakfast Bars

Asst. Fruits & Juice

8

Egg, Sausage & Cheese Bagel  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

9

Egg, Sausage & Cheese Muffin  
French Toast

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

10

Egg, **Bacon** & Cheese Bagel  
Glazed Donut

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

11

Egg, Cheese & Sausage Muffin  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

14

Egg, **Bacon** & Cheese Biscuit  
Cinnamon Sugar Donut Holes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

15

Egg, Sausage & Cheese Bagel  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

16

Egg, Sausage & Cheese Muffin  
French Toast

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

17

Egg, **Bacon** & Cheese Bagel  
Glazed Donut

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

18

Egg, Cheese & Sausage Muffin  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

21



22

Egg, Sausage & Cheese Bagel  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

23

Egg, Sausage & Cheese Muffin  
French Toast

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

24

Egg, **Bacon** & Cheese Bagel  
Glazed Donut

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

25

Egg, Cheese & Sausage Muffin  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

28

Egg, **Bacon** & Cheese Biscuit  
Donut Holes

Cereals/Breakfast Bars

Asst. Fruits & Juice

29

Egg, Sausage & Cheese Bagel  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

30

Egg, Sausage & Cheese Muffin  
French Toast

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

31

Egg, **Bacon** & Cheese Bagel  
Donut Holes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

1

Egg, Cheese & Sausage Muffin  
Maple Pancakes

Cereals/Breakfast Bars

Asst. Fruits & Juice

Choc & White Milk

## More info...

We are Hiring! Now taking applications for 2018-2019 School Year! Contact Kim at [young-kimberly@aramark.com](mailto:young-kimberly@aramark.com) for more information or call our office 815-436-6270

Items in **RED** are **Pork** - Menus are subject to change w/o notice

Come in for breakfast! Everyone is welcome! TWO Hot Entrees served daily!

**Breakfast is only \$1.65 and Reduced is \$0.30**

If you receive free or reduced Lunch, you are automatically eligible for free or reduced Breakfast!