



Need the nutrition information for our menu items?

- Visit [psd202.schooldish.com](http://psd202.schooldish.com) and click on Menus & Nutrition.
- On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

7

**Mini Warm Cinnamon Rolls**  
Despicable Me Grahams w/  
Chocolate Chip Muffin or a  
Cheese Stick

Fruits and 100% Juice  
Chocolate & White Milk

8

**Mini Maple Pancakes**  
Coco Puff Cereal w/ a  
Trix Yogurt or a Cheese  
Stick

Fruits and 100% Juice  
Chocolate & White Milk

9

**Mini French Toast Bites**  
Chocolate Elf Grahams w/  
Flavored Poptart

Fruits and 100% Juice  
Chocolate & White Milk

10

**Mini Warm Cinnamon Rolls**  
Scooby Doo Grahams w/ a  
Nutri Grain Bar or a  
Cheese Stick

Fruits and 100% Juice  
Chocolate & White Milk

11

**Mini French Toast Bites**  
Banana Muffin w/  
Cinnamon Elf Grahams

Fruits and 100% Juice  
Chocolate & White Milk

14

**Mini Warm Cinnamon Rolls**  
Chocolate Muffin w/ Chez-  
Its

Fruits and 100% Juice  
Chocolate & White Milk

15

**Mini Maple Pancakes**  
Scooby Doo Grahams w/  
Cocoa Puff Cereal Bar or  
Yogurt

Fruits and 100% Juice  
Chocolate & White Milk

16

**Mini French Toast Bites**  
Chocolate Elf Grahams w/  
Flavored Poptart

Fruits and 100% Juice  
Chocolate & White Milk

17

**Mini Warm Cinnamon Rolls**  
Scooby Doo Grahams w/ a  
Nutri Grain Bar or a  
Cheese Stick

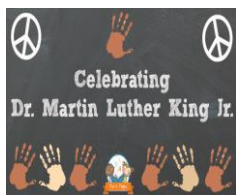
Fruits and 100% Juice  
Chocolate & White Milk

18

**Mini French Toast Bites**  
Banana Muffin w/  
Cinnamon Elf Grahams

Fruits and 100% Juice  
Chocolate & White Milk

21



22

**Mini Maple Pancakes**  
Scooby Doo Grahams w/  
Cocoa Puff Cereal Bar or  
Yogurt

Fruits and 100% Juice  
Chocolate & White Milk

23

**Mini French Toast Bites**  
Chocolate Elf Graham w/ a  
Cinnamon Poptart

Fruits and 100% Juice  
Chocolate & White Milk

24

**Mini Warm Cinnamon Rolls**  
Scooby Doo Grahams w/ a  
Nutri Grain Bar or a  
Cheese Stick

Fruits and 100% Juice  
Chocolate & White Milk

25

**Mini French Toast Bites**  
Cinnamon Elf Grahams w/  
Banana

Fruits and 100% Juice  
Chocolate & White Milk

28

**Mini Warm Cinnamon Rolls**  
Despicable Me Grahams w/  
Chocolate Chip Muffin or a  
Cheese Stick

Fruits and 100% Juice  
Chocolate & White Milk

29

**Mini Maple Pancakes**  
Coco Puff Cereal w/ a  
Trix Yogurt or a Cheese  
Stick

Fruits and 100% Juice  
Chocolate & White Milk

30

**Mini French Toast Bites**  
Chocolate Elf Grahams w/  
Flavored Poptart

Fruits and 100% Juice  
Chocolate & White Milk

31

**Mini Warm Cinnamon Rolls**  
Scooby Doo Grahams w/ a  
Nutri Grain Bar or a  
Cheese Stick

Fruits and 100% Juice  
Chocolate & White Milk

1

**Mini French Toast Bites**  
Banana Muffin w/  
Cinnamon Elf Grahams

Fruits and 100% Juice  
Chocolate & White Milk

### How to Build a Breakfast:

Daily Hot Entrée + 1 Fruit or Juice + Milk

Pick up 2 Grains + 1 Fruit or Juice + Milk

**DID YOU KNOW?... Breakfast is only \$1.55**  
If you currently received FREE or REDUCED (\$0.40)  
lunch you also are automatically eligible to get a  
**FREE or REDUCED (\$0.30) breakfast.**

\*Menus are subject to change without notice\*