



Plainfield Elementary BIC Breakfast Menu January 2019



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Need the nutrition information for our menu items?

- Visit psd202.schooldish.com and click on Menus & Nutrition.
- On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

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7

Chocolate Muffin & Despicable Me Grahams
Or
Nutri Grain Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

8

Coco Puff Cereal & Scooby Doo Grahams
Or
Blueberry Muffin & Jurassic Park Grahams

Fruit and 100% Juice
Chocolate & White Milk

9

Elf Grahams & Strawberry Poptart
Or
Chocolate Muffin & Cheez Its

Fruit and 100% Juice
Chocolate & White Milk

10

Nutri Grain Bar & Scooby Doo Grahams
Or
Coco Puff Cereal & Jurassic Park Grahams

Fruit and 100% Juice
Chocolate & White Milk

11

Banana Muffin & Elf Grahams
Or
Cinnamon Poptart & Cheez Its

Fruit and 100% Juice
Chocolate & White Milk

14

Fudge Poptart & Cheez Itz
Or
Chocolate Muffin & Jurassic Grahams

Fruit and 100% Juice
Chocolate & White Milk

15

Blueberry Muffin & Elf Grahams
Or
Cocoa Puff Cereal Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

16

Chocolate Muffin & Cheez Its
Or
Elf Grahams & Cinnamon Poptart

Fruit and 100% Juice
Chocolate & White Milk

17

Coco Puffs & Jurassic Park Grahams
Or
Nutri Grain Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

18

Banana & Elf Grahams
Or
Cinnamon Poptart & Cheez Its

Fruit and 100% Juice
Chocolate & White Milk

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Celebrating
Dr. Martin Luther King Jr.

22

Banana Muffin & Elf Grahams
Or
Cocoa Puff Cereal Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

23

Cinnamon Poptart & Elf Grahams
Or
Nutri Grain Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

24

Blueberry Muffin & Jurassic Park Grahams
Or
Coco Puffs & Cheez Itz

Fruit and 100% Juice
Chocolate & White Milk

25

Banana Muffin & Cinnamon Elf Grahams
Or
Fudge Poptart & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

28

Chocolate Muffin & Despicable Me Grahams
Or
Nutri Grain Bar & Scooby Doo Grahams

Fruit and 100% Juice
Chocolate & White Milk

29

Coco Puff Cereal & Scooby Doo Grahams
Or
Blueberry Muffin & Jurassic Park Grahams

Fruit and 100% Juice
Chocolate & White Milk

30

Elf Grahams & Strawberry Poptart
Or
Chocolate Muffin & Cheez Its

Fruit and 100% Juice
Chocolate & White Milk

31

Nutri Grain Bar & Scooby Doo Grahams
Or
Coco Puff Cereal & Jurassic Park Grahams

Fruit and 100% Juice
Chocolate & White Milk

1

Banana Muffin & Elf Grahams
Or
Cinnamon Poptart & Cheez Its

Fruit and 100% Juice
Chocolate & White Milk

More info... Breakfast will now be served from a cart in the hallways for easier access! Eat it in the morning or save for an afternoon snack!

DID YOU KNOW? ... Breakfast is only \$1.55
If you currently received FREE or REDUCED (\$0.40) lunch you also are automatically eligible to get a FREE or REDUCED (\$0.30) breakfast.