

# High School Breakfast Menu

January 2018

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*Happy New Year 2018! No School- Winter Break*

8

Egg, Sausage & Cheese Bagel  
Mini Cinnamon Rolls  
Asst, Cereals & Breakfast Bars,  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

9

Egg, **Bacon** & Cheese Biscuit  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

10

Egg & Cheese Bagel  
Cinnamon French Toast  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

11

Egg, Sausage & Cheese Biscuit  
Maple **Bacon** Donut  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

12

Egg & Cheese Bagel  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

15

No School



16

Egg, Sausage & Cheese Biscuit  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

17

Egg, **Bacon** & Cheese Biscuit  
Cinnamon French Toast  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

18

Egg, Sausage & Cheese Bagel  
Glazed Donut  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

19

Egg & Cheese Biscuit  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

22

Egg, **Bacon** & Cheese Bagel  
Mini Cinnamon Rolls  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

23

Egg, **Bacon** & Cheese Biscuit  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

24

Egg, Sausage & Cheese Bagel  
Cinnamon French Toast  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

25

Egg, **Bacon** & Cheese Biscuit  
Maple **Bacon** Donut  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

26

Egg & Cheese Bagel  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

29

Egg, **Bacon** & Cheese Biscuit  
Mini Cinnamon Rolls  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

30

Egg, Sausage & Cheese Biscuit  
Maple Pancakes  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

31

Egg & Cheese Bagel  
Cinnamon French Toast  
Asst, Cereals & Breakfast Bars  
Sunbutter  
Asst Fruits & Juice  
Chocolate & White Milk

Come in for breakfast! Everyone is welcome! TWO Hot Entrees served daily!

Breakfast is only \$1.65 and Reduced is \$0.30

If you receive free or reduced Lunch, you are automatically eligible for free or reduced Breakfast!



## More info...

New Protein Option Available DAILY at breakfast! Sunbutter cups: enjoy with a grain such as pretzels for a protein packed breakfast or snack!

Items in RED are Pork - Menus are subject to change w/o notice

## Building a Breakfast:

Daily Hot Entrée + 1 fruit or juice + Milk  
Pick 2 Grains + 1 fruit or Juice + Milk  
Pick 1 Grain+Sunbutter +1 fruit or Juice + Milk