





Need the nutrition information for our menu items?

- Visit [psd202.schooldish.com](http://psd202.schooldish.com) and click on Menus & Nutrition.
- On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

**4**  
Egg, Sausage & Cheese Biscuit  
Mini Cinnamon Rolls  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk


**5**  
Egg, Bacon & Cheese Bagel  
Maple Pancakes   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**6**  
Egg, Cheese & Sausage Muffin  
Mini Cinnamon Rolls  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk


**7**  
Egg, Bacon & Cheese Biagel  
Glazed Donut   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**8**  
Egg, Cheese & Sausage Muffin  
Maple Pancakes  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**11**  
Egg, Sausage & Cheese Biscuit  
Mini Cinnamon Rolls  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk


**12**  
Egg, Bacon & Cheese Bagel  
Maple Pancakes   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**13**  
Egg, Cheese & Sausage Muffin  
Mini Cinnamon Rolls  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk


**14**  
Egg, Bacon & Cheese Biagel  
Glazed Donut   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**15**  
Egg, Cheese & Sausage Muffin  
Maple Pancakes  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk




**19**  
Egg, Bacon & Cheese Biscuit  
Maple Pancakes   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**20**  
Egg, Cheese & Sausage Muffin  
French Toast  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk


**21**  
Egg, Sausage & Cheese Biscuit  
Glazed Donut   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**22**  
Egg, Cheese & Sausage Muffin  
Maple Pancakes  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**25**  
Egg, Sausage & Cheese Biscuit  
Mini Cinnamon Rolls  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**26**  
Egg, Sausage & Cheese Bagel  
Maple Pancakes   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**27**  
Egg, Sausage & Cheese Biscuit  
French Toast  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**28**  
Egg, Bacon & Cheese Biagel  
Glazed Donut   
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**29**  
Egg, Cheese & Sausage Muffin  
Maple Pancakes  
Cereals/Breakfast Bars  
Asst. Fruits & Juice  
Choc & White Milk

**More info...**

**Breakfast is only \$1.55!**

If you currently received FREE or REDUCED (\$0.40) lunch you also are able to get a FREE or REDUCED (\$0.30) breakfast.

\*If you already ate, save your pouch for a snack pack later!

**More info...**

Breakfast is the most important meal of the day! Hot options served daily to keep you full & focused!