



Café News:
Vegetarian options available on Fridays during Lent!

- 1**
- Egg, Sausage & Cheese Biscuit
 - Donut Holes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice

- 2**
- Egg & Cheese Bagel
 - Cinnamon French Toast
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice

- 5**
- Egg, Sausage & Cheese Bagel
 - Cinniminis
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 6**
- Egg, **Bacon** & Cheese Biscuit
 - Donut Holes, Cinnamon Sugar
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 7**
- Egg, Ham & Cheese Bagel
 - Cinnamon French Toast
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 8**
- Egg, **Bacon** & Cheese Biscuit
 - Glazed Donut
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 9**
- Egg & Cheese Bagel
 - Maple Pancakes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 12**
- Egg, Sausage & Cheese Bagel
 - Donut Holes, Powdered Sugar
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 13**
- Egg, Sausage & Cheese Biscuit
 - Maple Pancakes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 14**
- Egg & Cheese Bagel
 - Cinnamon French Toast
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 15**
- Egg, Sausage & Cheese Bagel
 - Glazed Donut
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 16**
- Egg & Cheese Biscuit
 - Maple Pancakes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

19

No School

- 20**
- Egg, Ham & Cheese Biscuit
 - Maple Pancakes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 21**
- Egg, Ham & Cheese Bagel
 - Cinnamon French Toast
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 22**
- Egg, Sausage & Cheese Biscuit
 - Glazed Donut
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 23**
- Egg & Cheese Bagel
 - Maple Pancakes
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 26**
- Egg & Sausage Biscuit
 - Cinniminis
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 27**
- Egg, Ham & Cheese Bagel
 - Glazed Donut
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

- 28**
- Egg, Sausage & Cheese Bagel
 - Cinnamon French Toast
 - Sunbutter & Pretzels
 - Asst. Cereals/Breakfast Bars
 - Asst. Fruits & Juice
 - Choc & White Milk

Building a Breakfast:

Daily Hot Entrée + 1 fruit or juice + Milk
 Pick 2 Grains + 1 fruit of Juice + Milk
 Pick 1 Grain + Sunbutter+ Fruit or Juice +Milk

More info...
 If you currently received FREE or REDUCED (\$0.40) lunch you also are able to get a FREE or REDUCED (\$0.30) breakfast.
 *If you already ate, save your pouch for a snack pack later!
 Pork Highlighted in **RED**

More info...
 Breakfast is the most important meal of the day! Hot options served daily to keep you full & focused!
New Protein Option Daily at Breakfast: Sunbutter Cups!
 Menus are subject to change without notice.