



Plainfield Elementary Breakfast Menu

February 2018



Breakfast Club is **February 5th-9th**. Join us for Breakfast get your hand stamped and receive a healthy for life reward at lunch

1
Mini Warm Cinnamon Rolls
Nutri Grain Bar
Cheese Stick
Scooby Doo Grahams

Fruits and 100% Juice
Chocolate & White Milk

2
Mini French Toast Bites
Chocolate Muffin
Bear Grahams

Fruits and 100% Juice
Chocolate & White Milk

5 Breakfast Club
Mini Warm Cinnamon Rolls
Banana Muffin
Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

6 Breakfast Club
Mini Maple Pancakes
Cocoa Puff Cereal Bar
Scooby Doo Grahams
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

7 Breakfast Club
Mini French Toast Bites
Bear Grahams
Poptart

Fruits and 100% Juice
Chocolate & White Milk

8 Breakfast Club
Mini Warm Cinnamon Rolls
Nutri Grain Bar
Cheese Stick
Scooby Doo Grahams

Fruits and 100% Juice
Chocolate & White Milk

9 Breakfast Club
Mini French Toast Bites
Chocolate Muffin
Bear Grahams

Fruits and 100% Juice
Chocolate & White Milk

Reminder:
Early Release Day!

12
Mini Warm Cinnamon Rolls
Banana Muffin
Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

13
Mini Maple Pancakes
Cocoa Puff Cereal Bar
Scooby Doo Grahams
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

14
Mini French Toast Bites
Bear Grahams
Poptart

Fruits and 100% Juice
Chocolate & White Milk

15
Mini Warm Cinnamon Rolls
Nutri Grain Bar
Scooby Doo Grahams
Cheese Stick

Fruits and 100% Juice
Chocolate & White Milk

16
Mini French Toast Bites
Chocolate Muffin
Bear Grahams

Fruits and 100% Juice
Chocolate & White Milk

19 No School



20
Mini Maple Pancakes
Cocoa Puff Cereal Bar
Scooby Doo Grahams
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

21
Mini French Toast Bites
Bear Grahams
Poptart

Fruits and 100% Juice
Chocolate & White Milk

22
Mini Warm Cinnamon Rolls
Nutri Grain Bar
Scooby Doo Grahams
Cheese Stick

Fruits and 100% Juice
Chocolate & White Milk

23
Mini French Toast Bites
Chocolate Muffin
Bear Grahams

Fruits and 100% Juice
Chocolate & White Milk

26
Mini Warm Cinnamon Rolls
Banana Muffin
Elf Grahams

Fruits and 100% Juice
Chocolate & White Milk

27
Mini Maple Pancakes
Cocoa Puff Cereal Bar
Scooby Doo Grahams
Yogurt

Fruits and 100% Juice
Chocolate & White Milk

28
Mini French Toast Bites
Bear Grahams
Poptart

Fruits and 100% Juice
Chocolate & White Milk

How to Build a Breakfast:

Daily Hot Entrée + 1 Fruit or Juice + Milk

Pick up 2 Grains + 1 Fruit or Juice + Milk

Pick 1 Grain+1 Yogurt, Cheese Stick or
Sunbutter+ 1 Fruit or Juice + Milk

More info... Eating Breakfast keeps you full and focused. Eat at breakfast or save as a snack for later.

DID YOU KNOW?...

If you currently received **FREE** or **REDUCED (\$0.40)** lunch you also are automatically eligible to get a **FREE** or **REDUCED (\$0.30)** breakfast.