





Need the nutrition information for our menu items?

- Visit psd202.schooldish.com and click on Menus & Nutrition.
- On the very left hand side of the screen, it will say Elementary School, Middle School & High School. Each of these links will bring you to an interactive weekly menu with Nutrition Labels for each menu item.

3
Egg, Sausage & Cheese Biscuit
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk


4
Egg, Bacon & Cheese Bagel
Maple Pancakes 
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

5
Egg, Cheese & Sausage Muffin
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk


6
Egg, Bacon & Cheese Biigel 
Glazed Donut
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

7
Egg, Cheese & Sausage Muffin
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

10
Egg, Bacon & Cheese Bagel
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk


11
Egg, Bacon & Cheese Biscuit
Maple Pancakes 
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

12
Egg, Cheese & Sausage Muffin
French Toast
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk


13
Egg, Sausage & Cheese Biscuit 
Glazed Donut
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

14
Egg, Cheese & Sausage Muffin
Maple Pancakes
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

17
Egg, Bacon & Cheese Biscuit
Cinnamon Sugar Donut Holes
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

18
Egg, Sausage & Cheese Bagel
Maple Pancakes 
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

19
Egg, Sausage & Cheese Biscuit
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

20
Egg, Bacon & Cheese Biigel 
Glazed Donut
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

21
Egg, Cheese & Sausage Muffin
Mini Cinnamon Rolls
Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

WINTER BREAK

More info...

Breakfast is only \$1.55!

If you currently received FREE or REDUCED (\$0.40) lunch you also are able to get a FREE or REDUCED (\$0.30) breakfast.

*If you already ate, save your pouch for a snack pack later!

More info...

Breakfast is the most important meal of the day! Hot options served daily to keep you full & focused!