



August 2017

MIDDLE SCHOOL BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast is only \$1.55 and Reduced is .30 cents
Come in and try a breakfast sandwich!

Thursday is **DONUT DAY!**



Special News...

Welcome Back!

Research shows... Breakfast is still the most important meal of the day!

#1 Reason people don't eat breakfast: No Time!

Let us make breakfast for you!

You can save time and help stay full and focused in class!

Menus are subject to change without notice.



17

Egg, **Bacon** & Cheese Biscuit
Glazed Donut
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

18

Egg & Cheese Bagel Sand
Blueberry Pancakes
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

21

Egg, Sausage & Cheese Bagel
Mini Cinnamon Rolls
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

22

Egg, **Bacon** & Cheese Biscuit
Blueberry Pancakes
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

23

Egg & Cheese Bagel
Cinnamon French Toast
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

24

Egg, Sausage & Cheese Biscuit
Maple **Bacon** Donut
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

25

Egg & Cheese Bagel Sand
Blueberry Pancakes
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

28

Egg, **Bacon** & Cheese Bagel
Mini Cinnamon Rolls
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

29

Egg, Sausage & Cheese Biscuit
Blueberry Pancakes
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

30

Egg, **Bacon** & Cheese Biscuit
Cinnamon French Toast
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk

31

Egg, Sausage & Cheese Bagel
Glazed Donut
Asst. Cereals/Breakfast Bars
Asst. Fruits & Juice
Choc & White Milk



Special News...

Parents: Don't forget, all of our options are whole grain, lower sodium, sugar & fat, but still delicious! Our breakfast sausage is a chicken sausage! *Pork products highlighted in RED*

