



# DAILY NUTRITIONAL ANALYSIS

Profit Center: Plainfield Community Consolidated School District #202

Menu Name: 2017 High School Menu

Age Group: Brkfst Grades K-12

Period: Breakfast

Week: 5

Day: Friday

Total No. of Customers: 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL (g)		% of CAL (g)	% of CAL (g)																			
450.00-500.00		10.00	540.00																					

M52763 BRD: PANCAKES, AP BLUEBRY WG IW

1.00 @ 1 pouch	240.00	1.00	3.75	190.00	6.00	22.50	42.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.80
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M51726 MELT BISC, EggPtyAMWG1.75(2BG)

1.00 @ 1 sandwich	370.00	15.00	36.49	970.01	23.00	55.95	29.00	12.00	120.00	2.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	320.00	-*	1.44
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M52695 CHEESE, MZ String LF 1ea 1.0

24.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	220.01	-*	0.11
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M51499 YOGURT SS, Danimals Str/Ban4oz

24.00 @ 1 each	80.01	0.00	0.00	65.00	0.00	0.00	16.00	4.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	150.01	-*	0.00
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M51268 BRD: MUF AP, Choc 2oz WG (1BG)

24.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.44
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M51269 BRD: CRACK SS, Elf Grhm WG

24.00 @ 1 package	120.00	1.00	7.50	105.00	4.00	30.00	21.00	2.00	0.00	1.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	100.00	-*	0.72
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

24.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	100.00	-*	1.80
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M52862 CEREAL POUCH, Froot Loops RSWG

24.00 @ 1 pouch	110.00	0.50	4.09	160.00	1.00	8.18	24.00	2.00	0.00	2.00	-*	500.00	-*	-*	-*	15.00	-*	-*	-*	-*	0.00	-*	4.50
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M54350 FRUIT: CUP SS, STRAWBERRIES DCD (USDA) FRZ 1/2C

24.00 @ 1 each	122.47	0.01	0.07	3.83	0.17	1.22	33.07	0.68	0.00	2.42	125.02	30.62	0.00	0.29	2.17	52.82	0.02	0.07	0.51	0.04	0.00	14.03	16.58	0.75
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M50784 FRUIT: PEACHES Dice w/Syr 1/2c

24.00 @ 1/2 cup	69.56	0.00	0.00	9.94	0.00	0.00	16.89	0.00	0.00	0.00	89.43	298.10	-*	-*	-*	1.19	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

24.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

24.00 @ 1 carton	102.48	1.54	13.56	107.36	2.37	20.79	12.18	8.22	12.20	0.00	366.00	478.24	117.12	0.02	0.24	0.00	0.05	0.45	0.23	0.09	1.15	305.00	231.80	0.07
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

24.00 @ 1 carton	167.50	0.00	0.00	275.00	0.00	0.00	33.65	8.48	5.00	0.00	455.00	567.50	105.00	0.10	0.50	2.50	0.11	0.42	0.41	0.06	0.80	317.50	252.50	0.68
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M52217 FRUIT: APPLE, 138ct Whole 1c

24.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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M51113 FRUIT: ORANGE 138ct Whole 1/2c

24.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M51458 FRUIT: BANANA (150ct) Whole

24.00 @ 1 each	68.90	0.09	1.13	0.77	0.26	3.34	17.68	0.84	0.00	2.01	277.14	49.54	0.00	0.08	0.39	6.73	0.02	0.06	0.51	0.28	0.00	3.87	17.03	0.20
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Plainfield Community Consolidated School District #202

**Menu Name:** 2017 High School Menu

M54018 COND PC Cream Cheese Light.75o

24.00 @ 1 each	45.00	2.00	40.00	80.00	3.50	70.00	2.00	2.00	15.00	0.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

24.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50290 COND\_Ketchup #10 Pouch

64.00 @ 1 tablespoon	20.79	0.00	0.00	159.79	0.04	1.55	4.93	0.18	0.00	0.24	-*	79.89	-*	-*	-*	1.12	-*	-*	-*	-*	2.55	-*	0.05
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<b>Average</b>	404.63	2.61	5.79	445.81	5.74	12.77	80.12	10.72	22.13	4.69	452.75*	932.41	53.31*	.21*	1.42*	33.57	.08*	.25*	.49*	.14*	.47*	321.45	130.82*	2.59
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# DAILY NUTRITIONAL ANALYSIS

Profit Center: Plainfield Community Consolidated School District #202

Menu Name: 2017 High School Menu

Age Group: Lunch Grades 9-12

Period: Lunch

Week: 5

Day: Friday

Total No. of Customers: 0

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		(g)	% of CAL																			
M50726 PASTA, Macaroni WG 1c	750.00-850.00	10.00	1420.00																					
12.00 @ 1 cup	202.67	0.15	0.66	14.19	2.69	11.92	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
M50727 PASTA, PENNE WG 1C																								
12.00 @ 1 cup	202.67	0.15	0.66	14.19	2.69	11.92	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
M51114 PASTA, Rotini WG 1c																								
12.00 @ 1 cup	202.67	0.15	0.66	14.19	2.69	11.92	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
M51072 PASTA, Spaghetti WG 1c																								
12.00 @ 1 cup	212.98	0.30	1.25	14.19	3.85	16.28	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
M54712 CHIX DCD HEATED 2.0																								
24.00 @ 1 Spoodle 3 FLOZ	141.68	1.67	10.59	108.34	5.83	37.06	1.67	20.00	58.34	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.60
M52963 CHIX Popcorn, AP WG 2.0																								
24.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M52418 BEEF Meatballs, RS AP 5ea 2.0																								
24.00 @ 5 each	150.00	4.00	24.00	209.99	10.00	60.00	2.00	13.00	35.00	1.00	-*	105.00	-*	-*	-*	1.36	-*	-*	-*	-*	-*	28.20	-*	1.48
M55400 CHIX, BLACK FOREST HAM DICED 2.25																								
24.00 @ 3/4 cup	164.94	3.09	16.88	680.39	9.28	50.63	4.12	16.49	82.47	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.74
M53474 BEEF Gd, Taco Meat SS 2.0																								
24.00 @ 1 No 12 Scoop	132.80	3.02	20.48	253.07	7.12	48.26	4.45	11.35	30.12	0.32	14.29*	244.43	0.00*	0.11*	0.28*	3.10	0.00*	0.00*	0.04*	0.01*	0.00*	25.75	3.66*	2.15
M51413 COND_Sauce, Chz SS W (LOL) 2.0																								
24.00 @ 6 fl oz	299.90	13.50	40.50	1199.58	20.99	63.00	9.00	15.00	59.98	0.00	0.00	599.79	-*	-*	-*	0.00	-*	-*	-*	-*	-*	599.79	-*	1.08
M51655 VEG: BROCCOLI, Fresh Ckd 1/4c																								
48.00 @ 1/4 cup	4.69	0.01	2.03	5.49	0.05	10.54	0.96	0.32	0.00	0.44	39.25	207.34	0.00	0.19	18.90	8.69	0.01	0.02	0.07	0.03	0.00	5.36	8.97	0.09
M53843 VEG: MIXED FRESH RSTD 1/4C																								
48.00 @ 1/4 cup	13.24	0.03	2.05	1.16	0.16	10.86	2.74	0.61	0.00	0.64	101.55	319.40	0.33	0.08*	3.00*	9.69	0.02	0.02	0.37	0.06	0.00	10.80	17.40	0.31
M51345 VEG: PEPPER GRN & ON Saute1/4c																								
48.00 @ 1/4 cup	17.55	0.01	0.74	1.22	0.09	4.83	4.10	0.56	0.00	0.63	80.25	109.28	0.00	0.12	2.40	18.60	0.02	0.01	0.15	0.09	0.00	7.61	12.97	0.17
M53083 VEG: PEAS, Green Fz 1/4c																								
48.00 @ 1/4 cup	36.57	0.02	0.57	33.75	0.13	3.12	6.69	2.41	0.00	2.11	51.57	984.48	0.00	0.01	11.25	4.64	0.13	0.05	0.69	0.05	0.00	11.25	36.10	0.71
M51353 VEG: MUSHROOM, SlcFrsRstd1/4c																								
48.00 @ 1/4 cup	9.13	0.02	2.01	0.79	0.13	12.83	1.81	0.63	0.00	0.64	94.44	3.49	1.93	0.02	2.35	1.36	0.02	0.07	1.09	0.04	0.00	6.88	23.28	0.58
M51350 VEG: TOMATOES, Fresh Diced1/4c																								
48.00 @ 1/4 cup	9.43	0.01	1.40	2.62	0.10	10.00	2.04	0.46	0.00	0.63	124.22	436.61	0.00	0.28	4.14	7.18	0.02	0.01	0.31	0.04	0.00	5.24	12.58	0.14



# DAILY NUTRITIONAL ANALYSIS

Profit Center: Plainfield Community Consolidated School District #202

Menu Name: 2017 High School Menu

M51605 SAUCE P, Marin AP 1/2c

24.00 @ 1/2 cup	60.00	0.00	0.00	20.00	1.00	15.00	10.00	2.00	0.00	3.00	-*	499.98	-*	-*	-*	3.60	-*	-*	-*	-*	20.00	-*	0.72
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M52864 SAUCE P, Alfredo SS (LOL) 0.5

24.00 @ 1/2 cup	97.95	3.77	34.60	359.17	5.87	53.93	4.43	5.15	17.98	0.21	14.41*	5.85	0.00*	0.02*	3.80*	0.43	0.00*	0.00*	0.02*	0.02*	0.00*	219.25	3.01*	0.26
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M50891 VEG: OLIVES, Black Sliced TBSP

192.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50764 PORK: PEPPERONI, Sliced

24.00 @ 1 serving	28.12	1.12	36.00	95.62	2.62	84.00	0.19	1.12	5.62	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.07
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M53448 COND\_Topping, Parm It Chz

64.00 @ 1 tablespoon	26.05	0.99	34.06	81.29	1.54	53.06	0.66	2.29	4.37	0.05	12.63	0.00	0.00*	0.00*	0.00*	0.01	0.00*	0.00*	0.00*	0.01*	0.00*	70.91	2.48*	2.14
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M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

24.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M52675 SDW BN, ChixPty Spcy WG/WG 2.0

24.00 @ 1 sandwich	350.00	2.50	6.43	770.01	13.00	33.43	39.00	20.00	55.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M51417 BURG, Beef AP WG 2.0

24.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

24.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M51457 CHIX Nugget, WG (5) 2.0

24.00 @ 5 each	199.99	1.87	8.44	437.49	10.00	45.00	12.50	16.25	43.75	1.25	-*	125.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	25.00	-*	2.25
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M51679 BRD: ROLL DG, WG 1.25oz

24.00 @ 1 each	80.00	0.00	0.00	70.00	1.50	16.88	14.00	3.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	6.38	-*	0.51
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M52515 PIZZA 16" Chz WG 1/8ct

8.00 @ 1/8 cut	261.26	4.00	13.78	600.03	9.50	32.73	29.88	12.38	15.00	3.25	-*	213.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	209.71	-*	0.99
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M51212 PIZZA 16" Pepperoni WG 1/8ct

8.00 @ 1/8 cut	298.76	5.50	16.57	727.53	13.00	39.16	30.13	13.88	22.50	3.25	-*	213.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	209.71	-*	1.08
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M51803 PIZZA 16" ChxDcd Buff WG 2.0

8.00 @ 1/8 cut	344.60	6.77	17.67	892.64	14.76	38.55	30.88	20.22	39.00	3.28	37.94*	213.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	278.69	-*	1.15
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M51010 BRD: TORTILLA Flour 6" WG

24.00 @ 2 each	180.00	1.50	7.50	220.00	4.50	22.50	29.00	6.00	0.00	4.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51009 BRD: TORTILLA FLOUR 10" WG

24.00 @ 1 each	200.00	1.50	6.75	280.00	5.00	22.50	34.00	6.00	0.00	3.00	320.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.80
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

12.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	32.08	-*	0.00
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M55193 BEEF GD, TACO MEAT LS SS 1.0

48.00 @ 1 No 24 Scoop	66.41	1.52	20.54	108.02	3.58	48.53	2.31	5.72	15.06	0.24	12.31*	163.37	0.00*	0.09*	0.41*	1.54	0.00*	0.00*	0.04*	0.01*	0.00*	13.11	2.70*	1.09
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# DAILY NUTRITIONAL ANALYSIS

Profit Center: Plainfield Community Consolidated School District #202

Menu Name: 2017 High School Menu

M53869 CHIX DCD TACO MEAT ORIGINAL 1.0

48.00 @ 1 No 24 Scoop	69.52	0.77	10.01	76.88	2.73	35.38	1.57	9.32	26.86	0.12	7.14*	90.96	0.00*	0.05*	0.14*	0.80	0.00*	0.00*	0.02*	0.01*	0.00*	2.84	1.83*	0.44
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M51012 VEG: BEANS, Refried AP 1/4c

48.00 @ 1/4 cup	69.63	0.00	0.00	174.06	1.45	18.75	9.86	3.48	0.00	4.64	0.00	0.00	-*	-*	-*	0.70	-*	-*	-*	-*	-*	0.00	-*	0.84
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M53386 CHEESE, CH Shreds 1.0

48.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	299.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.99	-*	0.00
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

48.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	299.90	-*	-*	-*	0.00	-*	-*	-*	-*	-*	299.90	-*	0.54
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M51420 VEG GARN: Rom Shrds/Tom Dice

24.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

96.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

192.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50407 COND\_Salsa, AP 1/8c

24.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53295 COND\_Sour Cream AP

64.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M50087 COND\_Salsa, Pico SC 1/8c

1.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M51734 BRD: BREAD WG, 2sl

12.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M51009 BRD: TORTILLA FLOUR 10" WG

24.00 @ 1 each	200.00	1.50	6.75	280.00	5.00	22.50	34.00	6.00	0.00	3.00	320.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.80
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M52570 BRD: ROLL AP, Sub Mini WG

24.00 @ 1 each	140.00	0.00	0.00	310.01	2.00	12.86	28.00	6.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M53393 TKY, Breast Sliced 1.0

24.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

24.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M51005 CHEESE, AM (184ct) Slices 1.0

40.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

84.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

24.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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# DAILY NUTRITIONAL ANALYSIS

Profit Center: Plainfield Community Consolidated School District #202

Menu Name: 2017 High School Menu

M53391 VEG: ONIONS, Yellow Slice 1ea

192.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52338 VEG: PEPPERS, Green Diced 1/8c

96.00 @ 1/8 cup	3.78	0.01	2.61	0.57	0.03	7.65	0.88	0.16	0.00	0.32	33.07	69.92	0.00	0.07	1.40	15.19	0.01	0.01	0.09	0.04	0.00	1.89	3.78	0.06
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M55156 DO NOT USE - COND\_SAUCE, SRIRACHA AP

64.00 @ 1 tablespoon	21.42	0.00	0.00	525.56	0.09	3.78	4.77	0.38	0.07	0.45	-*	485.96	-*	-*	-*	0.00	-*	-*	-*	-*	-*	3.46	-*	0.16
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M50292 COND\_Sauce, BBQ Original AP

64.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
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M51426 COND\_Sauce, HnyMust Hrsrd

64.00 @ 1 tablespoon	35.04	0.01	0.22	109.48	0.21	5.37	6.85	0.29	0.00	0.26	11.43*	0.38	0.00*	0.00*	0.00*	0.11	0.00*	0.00*	0.01*	0.00*	0.00*	4.68	0.30*	0.14
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M50176 COND\_Pickle, Dill Slice 2ea

12.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M51676 COND\_Mayo, Sriracha W

64.00 @ 1 tablespoon	33.72	0.45	12.09	139.89	3.18	84.87	1.35	0.04	4.54	0.04	-*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

64.00 @ 1 tablespoon	27.56	0.37	12.25	95.66	2.63	85.96	1.00	0.01	3.75	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50891 VEG: OLIVES, Black Sliced TBSP

1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

1.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

1.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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M51379 SALAD, ChixPop CH AP W 2.0LG

24.00 @ 1 each	270.10	5.05	16.82	399.51	15.15	50.48	17.30	16.75	31.38	4.24	0.00*	2900.13	-*	-*	-*	16.01	-*	-*	-*	-*	-*	168.35	-*	2.12
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M53464 SALAD, CHIXPTY CEASAR APSCW 2.25

24.00 @ 1 each	296.95	3.28	9.93	641.57	13.50	40.91	23.52	21.12	50.00	2.51	10.69*	1495.71	0.00*	0.04*	0.10*	8.01	0.00*	0.00*	0.01*	0.00*	0.00*	118.68	0.94*	2.85
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M50045 SALAD, ChixDcd Buffalo AP 2.0

24.00 @ 1 each	257.82	4.02	14.02	510.28	16.64	58.10	5.31	21.63	71.77	0.96	13.68*	1400.77	-*	-*	-*	8.00	-*	-*	-*	-*	-*	45.88	-*	0.96
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M53465 MILK SS, 1% WHITE 8 FLOZ

24.00 @ 1 carton	102.48	1.54	13.56	107.36	2.37	20.79	12.18	8.22	12.20	0.00	366.00	478.24	117.12	0.02	0.24	0.00	0.05	0.45	0.23	0.09	1.15	305.00	231.80	0.07
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

24.00 @ 1 carton	167.50	0.00	0.00	275.00	0.00	0.00	33.65	8.48	5.00	0.00	455.00	567.50	105.00	0.10	0.50	2.50	0.11	0.42	0.41	0.06	0.80	317.50	252.50	0.68
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M52273 FRUIT: PEARS, Dice w/Syr 1/2c

24.00 @ 1/2 cup	77.77	0.00	0.00	9.72	0.00	0.00	18.47	0.00	0.00	1.94	77.77	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54353 FRUIT: CUP SS, APPLESC SHLF-STBL 1/2C

24.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	60.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Plainfield Community Consolidated School District #202

**Menu Name:** 2017 High School Menu

M50980 JUICE SS, Frt Bld 100% 4oz Crt

24.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	0.00	-*	0.00
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M52831 VEG: SALAD, Side Spinach 1c

24.00 @ 1 cup	16.30	0.04	2.47	55.99	0.28	15.26	2.57	2.03	0.00	1.56	395.45	6645.41	0.00	1.44	342.23	19.91	0.06	0.13	0.51	0.14	0.00	70.16	34.73	1.92
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M51661 VEG: SALAD, Cucumber Tom 3/4c

16.00 @ 3/4 cup	62.30	0.54	7.83	275.01	3.72	53.70	7.03	1.05	0.00	1.22	266.29*	713.49	0.00*	0.44*	15.09*	12.31	0.04*	0.03*	0.52*	0.08*	0.00*	16.53	31.89*	0.36
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M51297 VEG: SALAD, Side GardChop 1c

12.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
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M52217 FRUIT: APPLE, 138ct Whole 1c

24.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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M51113 FRUIT: ORANGE 138ct Whole 1/2c

24.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M51458 FRUIT: BANANA (150ct) Whole

24.00 @ 1 each	68.90	0.09	1.13	0.77	0.26	3.34	17.68	0.84	0.00	2.01	277.14	49.54	0.00	0.08	0.39	6.73	0.02	0.06	0.51	0.28	0.00	3.87	17.03	0.20
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M53847 SDW BN, FISHPY (C) PLN WG/WG 2.0

1.00 @ 1 sandwich	299.82	1.00	3.00	579.69	7.99	23.99	42.98	18.98	49.94	4.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.98	-*	2.52
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M52516 PIZZA 16" Vegetable RstWG1/8ct

8.00 @ 1/8 cut	281.95	4.13	13.19	607.24	10.47	33.43	32.83	12.81	15.00	3.98	78.16*	2366.63	0.00*	0.26*	3.60*	18.38	0.02*	0.01*	0.18*	0.06*	0.00*	218.77	10.75*	1.21
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M54001 STICKS, BOSCO CHEESE AP WG 2.0 2EA

1.00 @ 2 each	300.00	5.00	15.00	440.00	10.00	30.00	34.00	20.00	30.00	4.00	0.00	400.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	400.00	-*	2.16
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M53493 SAUCE P, Marin AP 1/4c

1.00 @ 1/4 cup	30.00	0.00	0.00	10.00	0.50	15.00	5.00	1.00	0.00	1.50	-*	249.99	-*	-*	-*	1.80	-*	-*	-*	-*	-*	10.00	-*	0.36
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M53421 VEG: POTATO, TATER BITES 1/2 C

1.00 @ 1/2 cup	141.19	1.51	9.64	282.39	7.06	45.00	16.14	2.02	0.00	2.02	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.73
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M55547 PACK: MUF CHOC MZ STICK DANIMAL STRWBAN YOGURT 2.0 (1BG)

24.00 @ 1 package	340.01	4.00	10.59	410.01	8.50	22.50	49.00	16.00	55.00	3.00	180.00*	246.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	410.02	-*	1.55
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M50290 COND\_Ketchup #10 Pouch

64.00 @ 1 tablespoon	20.79	0.00	0.00	159.79	0.04	1.55	4.93	0.18	0.00	0.24	-*	79.89	-*	-*	-*	1.12	-*	-*	-*	-*	-*	2.55	-*	0.05
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M51129 COND PC Mayonnaise FF 12g

24.00 @ 1 each	15.00	0.00	0.00	105.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

24.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53115 COND PC Drsg Italian FF 12g

24.00 @ 1 each	5.00	0.00	0.00	120.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53113 COND PC Drsg Ranch BtrmlkFF12g

24.00 @ 1 each	10.00	0.00	0.00	125.00	0.00	0.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Plainfield Community Consolidated School District #202

**Menu Name:** 2017 High School Menu

M50287 COND PC Sauce, BBQ 12g

1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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M50293 COND\_Sauce, Hot Cayenne AP

1.00 @ 1 tablespoon	3.16	0.02	4.74	584.56	0.08	22.74	0.45	0.16	0.17	0.32	25.98	365.56	-*	-*	-*	0.50	-*	-*	-*	-*	1.56	-*	0.06
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